

PDHPE – Board Developed

Subjects offered:

- Personal Development, Health & Physical Education
- Community & Family Studies



Why Choose Personal Development, Health & Physical Education?

- Are you a good writer?
- Did you like PDHPE in Years 9 & 10?
- Would you enjoy learning about the health of individuals?
- Would you like to learn about the health concerns of Australians?
- Do you want to improve your understanding of movement?
- Would you like to be able to diagnose weaknesses in other athletes?
- Are you good at studying and do your homework?

Then PDHPE is for you!

Why choose Community & Family Studies?

- Are you a good writer?
- Would you like to learn the best ways to achieve wellbeing in your life and the life of others?
- Would you like to be able to determine the best ways of satisfying needs?
- Would you like to learn how to resolve conflicts?
- Do you want to learn how to deal with problems assertively?
- Would you like to learn how to develop management skills?
- Would you like to learn a number of approaches to parenting?

Then 2 Unit CAFS is for you!

